

Writing for Life Safeguarding Policy

The safety and wellbeing of our workshop participants is of the utmost importance to us. Our primary aim with any of the work we do is to help individuals to take positive steps forward within their personal and professional lives.

We are proud to follow the [Lapidus Ethical Code](#)* and [Creative Practices for Wellbeing guidance](#)** . Below you can find out about the actions we take and procedures we follow that allow us to support the safety of those we work with.

We commit to...

Creating safe spaces for our workshop participants

By...

- assessing a venue (whether on or offline) before running a workshop, to help ensure privacy, confidentiality and physical safety
- adhering to the safeguarding, ethical and legal policies of any venue where we work
- planning sessions carefully and offering activities that are appropriate for our workshop groups and sensitive to any known or disclosed needs
- providing guidance to participants before and/or at the beginning of workshops to help them stay safe and encourage them to respect the safety of others
- staying alert to the changing needs of individuals and to the dynamics of the group during a workshop, then adapting our approach and activities as necessary
- promoting inclusion, diversity and the value of human experience by providing a space where all voices can be heard
- maintaining strict confidentiality; participants' words and experiences will not be shared unless specific consent has been given

Ensuring that workshop participants have sources of support they can turn to

By...

- checking that organisations/venues have support systems and structures in place where relevant
- or providing clients with a list of appropriate sources of support

Keeping ourselves fit for practice

By...

- engaging in regular reflective practice
- taking part in regular supervision sessions
- completing CPD (continuing professional development) courses, workshops and activities on a regular basis
- staying up-to-date with the latest safeguarding, ethical and legal policies that exist in the spaces where we work
- gaining feedback from participants, organisations and venues to help improve our practice

If you have any questions about this policy, please do get in touch.

* <https://lapidus.org.uk/about/lapidus-ethical-code>

** <https://www.researchgate.net/publication/338549155>